

Session: 2 of 9

Date: November 16, 2023

Time: 9am to 5pm

Location: Heartland Career Center

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Today's Lunch Sponsor

Today's Agenda





- Session Overview
- Lead From Where You Are
- Lunch
- Tour
- Productivity & Time Management
- Strategic Doing Workshop

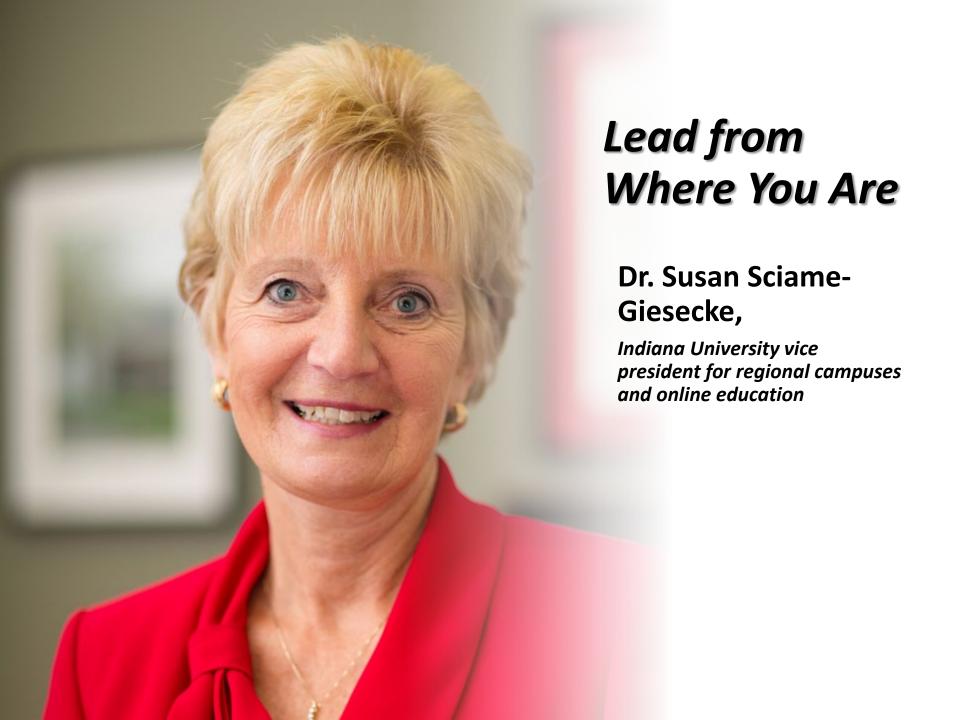


Housing Keeping Items

- Restrooms
- WiFi Password:
 <u>H</u>eartland
- Refreshments
- Vending Machines
- Smoking Policy



Team Building



LEAD FROM WHERE YOU ARE

Dr. Susan Sciame-Giesecke
Vice President for Regional Campuses and Online Education
Indiana University





Lead From Where You Are

- I see each person as a Leader
- I need each person to lead

"Lead from where you are"



Maya Angelou

I have learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.



Three Leadership Values

- Culture Matters
- People Matter
- Vision Matters



What does it mean to lead from where you are? It means being courageous

"The more often that you choose courage, the more likely you'll succeed."

~ Mel Robbins

You can lead by shaping discourse

- Leaders initiate and guide important conversations around issues that impact others
- Good talk is unlikely to happen if we do not expect it, invite it into being, and provide inclusive space for the conversation to occur
- Leaders recognize that speech is symbolic action they can create change through what they say
- Leaders know that the goal of communication is to reach understanding – not necessarily agreement

Leaders generate and direct energy

- Power is "energy not control" Astin and Leland, Women of Influence, Women of Vision
- Leaders are proactive not reactive
- Leaders see a need for change and then begin to work with others to direct energy toward that change effort. They are a catalyst for collective action



Leaders hold their organization in trust

- Leaders care about their organization
- They own the purpose of the organization
- They understand their own purpose and how it relates to the organization



Leaders do the right thing

- Leaders maintain a shift in perspective from "doing things right" to "doing the right thing"
- Leaders see the bigger picture
- They work for the betterment of the larger community

Leaders build toward agreement

- Leadership is the subtle process of mutual influence, it is not a single person, position, or action
- It is the fusing of thoughts, feelings, and actions of the whole community to produce a collaborative effort
- When you are leading you open rather than occupy space-respecting others and understanding how connected and resourceful we all are



Lead from Where You Are

"Do not follow where the path may lead. Go instead where there is no path and leave a trail."

Ralph Waldo Emerson



Lead from Where You Are

 "The single biggest way to impact an organization is to focus on leadership development. There is almost no limit to the potential of an organization that recruits good people, raises them up as leaders and continually develops them."

-John Maxwell



PRODUCTIVITY
AND TIME
MANAGEMENT



FOR TODAY'S LEADERS



PRESENTED BY ANTHONY JULIANO



BEING A STANDOUT LEADER TAKES TIME

- TIME TO BE AVAILABLE FOR UNEXPECTED PRIORITIES
- TIME TO UNDERSTAND AND ADAPT TO DIFFERENT PERSPECTIVES
- TIME TO MENTOR AND GUIDE YOUR TEAM
- TIME TO COMMUNICATE CLEARLY
- TIME TO LISTEN



OUR AGENDA

- BAD AND GOOD NEWS: A FEW CRITICAL PRINCIPLES
- YOUR PRODUCTIVITYFRAMEWORK
- PROCESSING INPUTS AND MAXIMIZING FOCUS
- WRAP UP AND Q & A

AND YES, YOU'LL HAVE THESE SLIDES

BAD AND GOOD NEWS

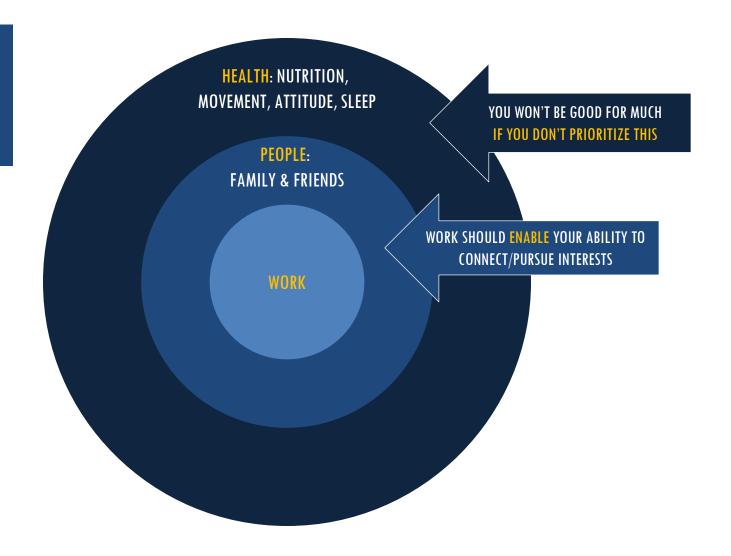
YOU'LL NEVER HAVE MORE TIME THAN ANYONE ELSE

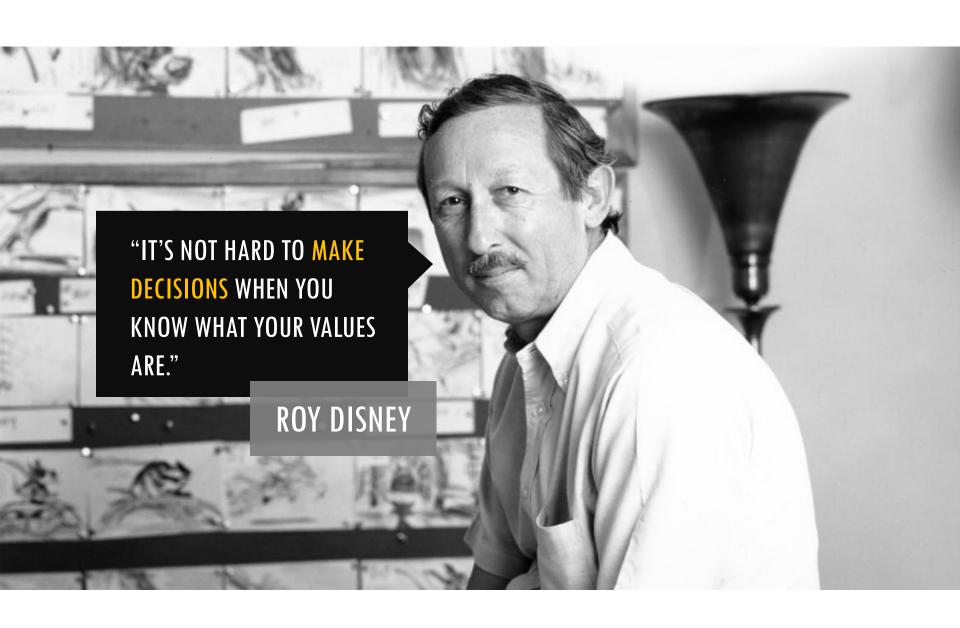
YOU CAN DIFFERENTIATE YOURSELF BASED ON **HOW YOU SPEND YOURS**

YOU WILL NEVER
HAVE ENOUGH TIME
FOR EVERYTHING

YOU CAN HAVE AMPLE TIME FOR YOUR PRIORITIES IF YOU KNOW WHAT THEY ARE

IT ALL STARTS WITH PRIORITIES



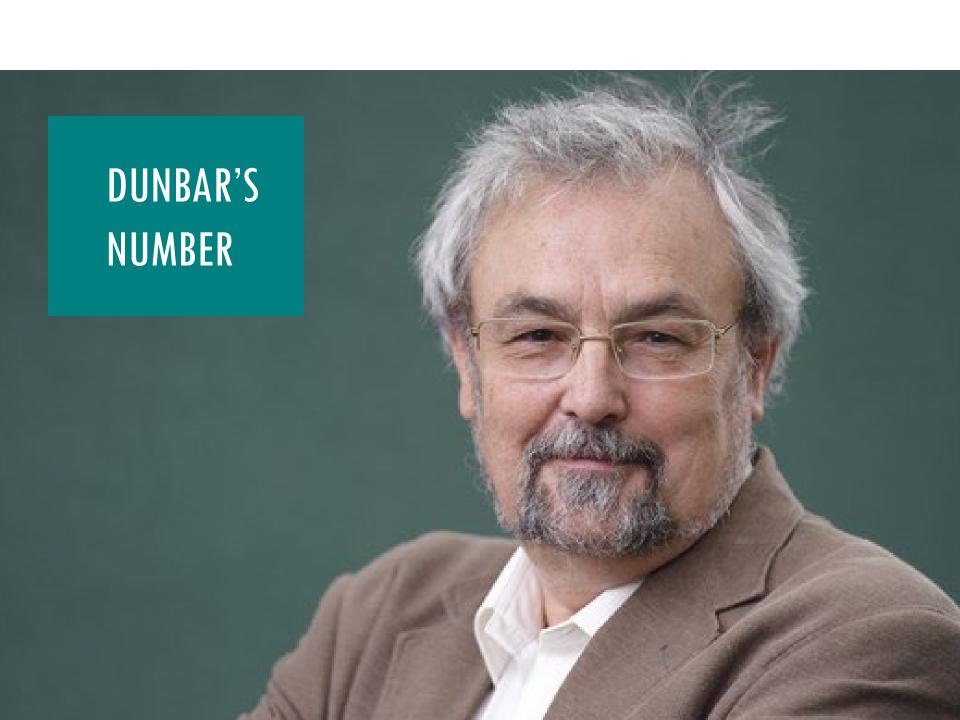


YOU'RE GOING TO HAVE TO SAY NO MORE OFTEN

YOU CAN AND SHOULD

SPEND





3 QUESTIONS **ABOUT** ANYTHING THAT **DEMANDS** YOUR TIME:

- IS IT MANDATORY?
- DOES IT MOVE ME TOWARD MY GOALS?
- IS IT OTHERWISE FULFILLING (BUT NOT TOO INDULGENT)?

IF THE ANSWER IS NO, SAY NO

LIFE ISN'T
GOING TO
SLOW DOWN

YOU
CAN AND
SHOULD

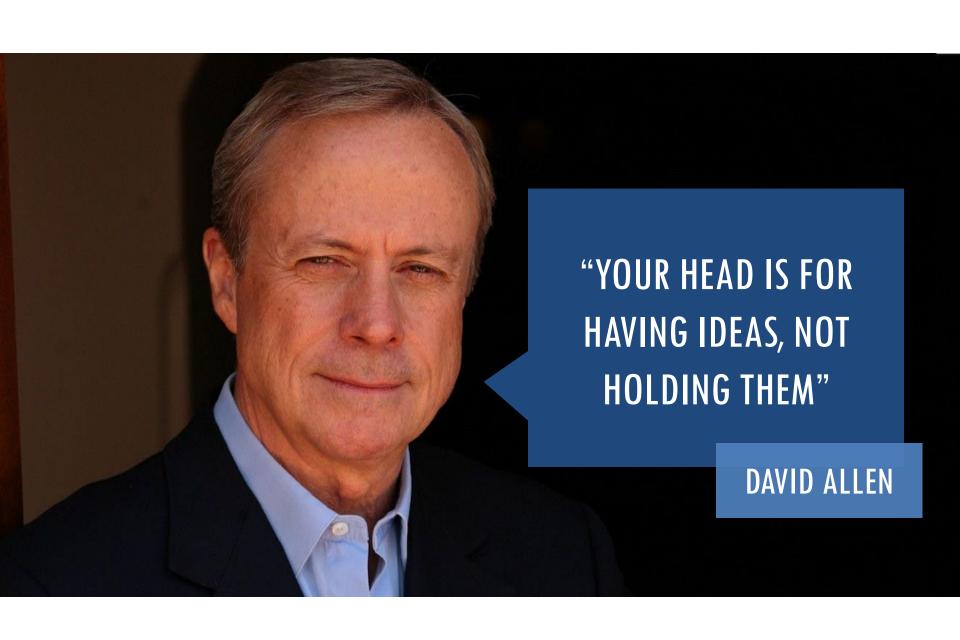
YOU CAN ONLY DO ONE SUBSTANTIVE THING AT A TIME

YOU'LL GET MORE DONE IN THE LONG RUN



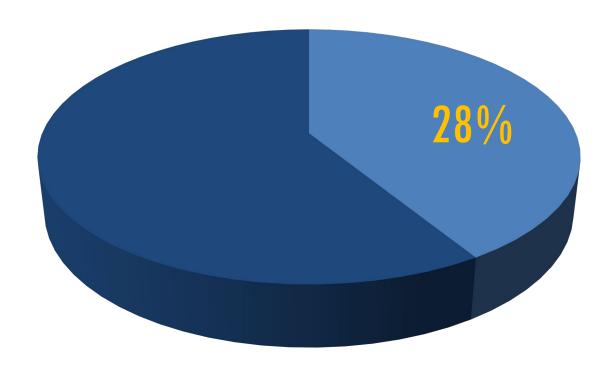
IF YOU RELY ON YOUR MEMORY, YOU'LL FAIL

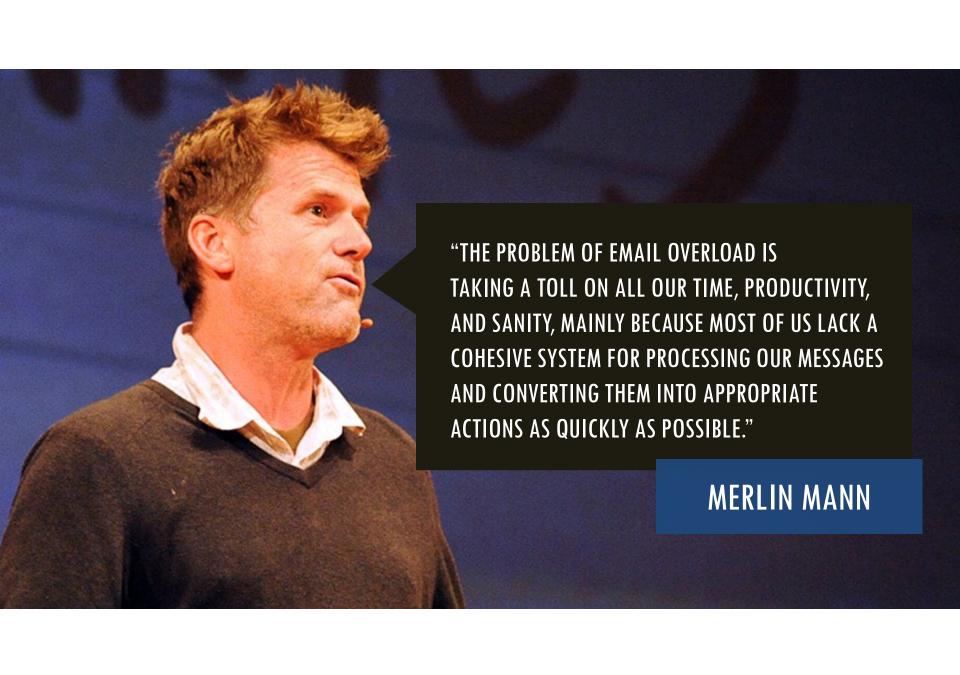
YOU
DON'T
HAVE TO



WHAT WE'RE DOING NOW DOESN'T WORK

EMAIL







WHAT WE'RE DOING NOW DOESN'T WORK

THERE'S A
BETTER WAY

IT'S AN ONGOING PROCESS

IT'S VERY MUCH WORTH THE EFFORT

YOUR PRODUCTIVITY FRAMEWORK

1-2X/YEAR: AUDIT YOUR VALUES AND GOALS

VALUES: WHAT'S IMPORTANT TO YOU?

- SPIRITUAL/PHILOSOPHICAL
- HEALTH
- RELATIONSHIPS
- PROFESSIONAL
- FULFILLMENT/PERSONAL

EXAMPLES OF VALUES

- HEALTH AS A PRIORITY
- LEADING BY EXAMPLE:
 TOLERANCE, ACHIEVEMENT,
 HONESTY, HUMILITY
- MENTORING: SHARE EVERYTHING YOU KNOW
- PRODUCTIVITY: USE TIME WELL
- FINANCIAL STABILITY/ THRIFT
- TIME OUTSIDE, PEOPLE >SCREENS



GOALS: HOW
WILL YOU
MANIFEST
THOSE
VALUES?

USE S.M.A.R.T. GOALS

S.M.A.R.T. GOALS

- SPECIFIC
- MEASURABLE
- ATTAINABLE
- RELEVANT
- TIME-BOUND

DO THIS ______ AS MEASURED BY ______ BY _____.

EXAMPLES OF S.M.A.R.T. GOALS

- LOSE 20 POUNDS BY MAR 31, 2023;
- SPEND 1 HOUR OR MORE WITH AT LEAST 3 OF MY TOP 10 PEOPLE EVERY WEEK IN 2023
- HELP MY COMPANY ACQUIRE 1 NEW CLIENT WITH A \$1M ANNUAL BUDGET BY DEC 31, 2023
- SPEND AT LEAST 1 HR. OUTSIDE
 EVERY WEEK DEC 2022 MAR 2023



1-2X/YEAR: AUDIT YOUR VALUES AND GOALS

1X/MONTH:

MEASURE PROGRESS TOWARD GOALS, IDENTIFY KEY PROJECTS, AND CHECK ALIGNMENT WITH VALUES

1X/WEEK:

EVALUATE SHORT-TERM PROGRESS ON PROJECTS (ALIGNED WITH GOALS) AND PLAN FOR THE NEXT WEEK

1X/DAY:

GRATITUDE/CELEBRATE SUCCESSES, LEARN FROM MISTAKES/MISSES, AND PLAN FOR THE NEXT DAY



PROCESSING INPUTS AND MAXIMIZING FOCUS



IT STARTS WITH THE RIGHT TOOLS

INBOXES FOR INPUTS



PEOPLE CAN
COMMUNICATE
WITH YOU?

MY LIST: 18+ POINTS OF CONTACT

- FACE TO FACE
- DESK PHONE AT WORK
- CELL PHONE CALLS
- OUTLOOK
- GMAIL
- TEXT
- WHATSAPP
- SLACK
- LINKEDIN MENTION
- LINKED IN DIRECT MESSAGE
- TWITTER MENTION
- TWITTER DIRECT MESSAGE
- INSTAGRAM MENTION
- INSTAGRAM DIRECT MESSAGE
- POSTAL MAIL AT WORK
- POSTAL MAIL AT HOME
- VIDEOCONFERENCE: TEAMS
- VIDEOCONFERENCE: ANOTHER TOOL
- AND I PROBABLY MISSED SOME



IT STARTS WITH THE RIGHT TOOLS

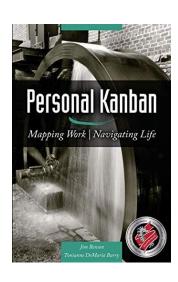
- INBOXES FOR INPUTS
- TO-DO LIST
- CALENDAR—NOT JUST FOR MEETINGS AND APPOINTMENTS!
- CONTACTS
- NOTES

3 TOOLS I USE EVERYDAY

ASIDE FROM INBOXES







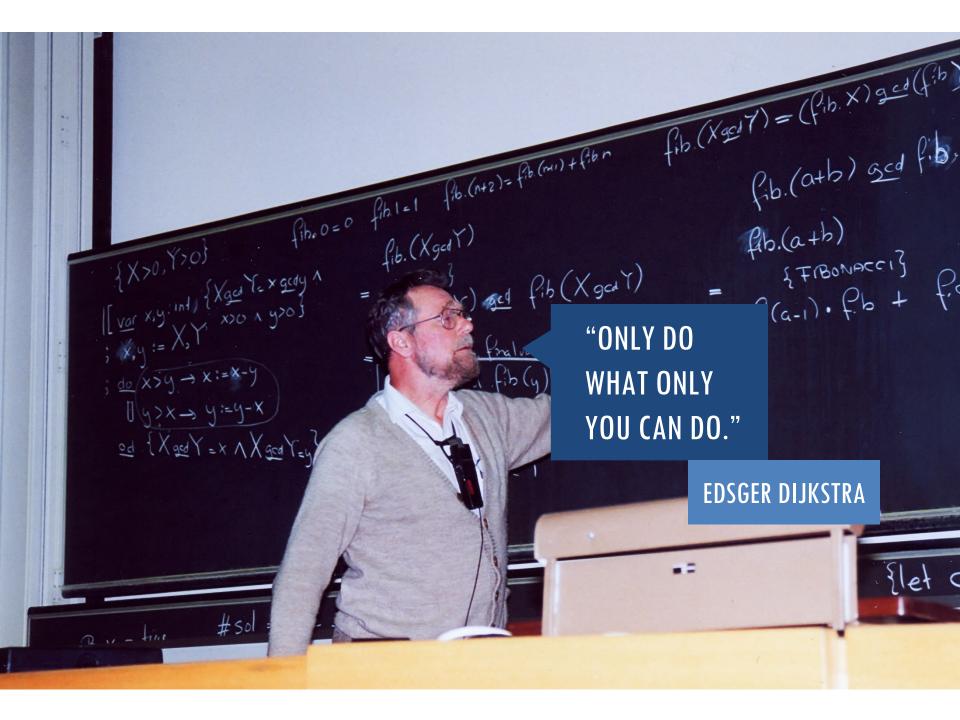
TODAY	WAITING	THIS WEEK	DONE	LATER

THERE ARE
ONLY FIVE
POTENTIAL
ACTIONS...

FOR EVERY INPUT

WHAT'S THE NEXT STEP?

- DELETE
- DOCUMENT
- DELEGATE



WHY LEADERS DON'T DELEGATE

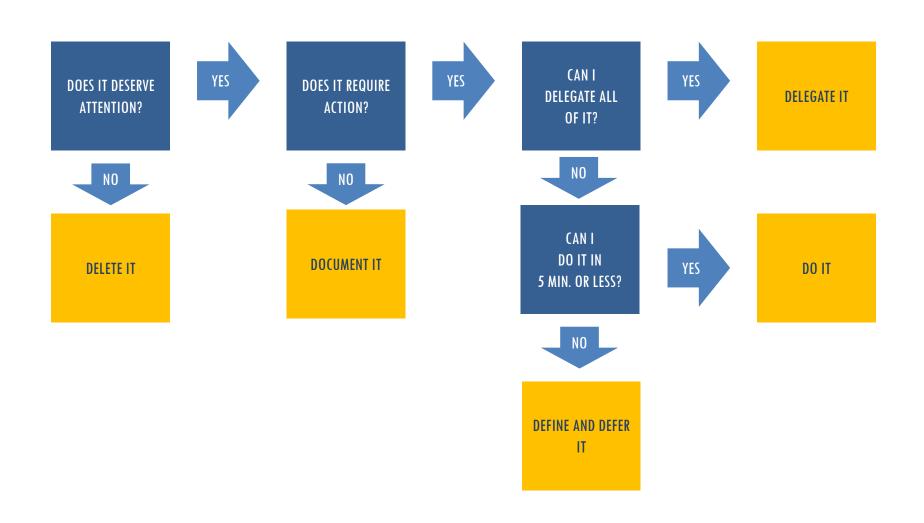
- "IT WILL TAKE LESS TIME IF I DO IT"
- "I WILL DO IT BETTER IF I DO IT MYSELF"
- "I DON'T WANT TO SEEM LIKE I'M 'ABOVE' THIS WORK"

WHY LEADERS SHOULD DELEGATE MORE OFTEN

- WE NEED TO CONSIDER CUMULATIVE TIME
- WORK DONE BY OTHERS WILL LIKELY JUST BE DONE DIFFERENTLY, NOT WORSE
- IT'S IMPORTANT TO FOCUS ON YOUR SPECIFIC AREA OF RESPONSIBILITY
- IT'S CRITICAL TO RESERVE TIME FOR THE UNANTICIPATED

WHAT'S THE NEXT STEP?

- DELETE
- DOCUMENT
- DELEGATE
- DO (IF IT TAKES 5 MIN OR LESS)
- DEFINE AND DEFER





Courter, Jake

Jul 31, 2020, 12:01 PM 🛣





I am looking to put together a Time Management class for those in leadership here at MedPro; personal time management and team time management. Is that something you can do? If so, let's talk. If not, do you have recommendations within your network?

Thanks,

to me 🕶

Jake Courter MedPro Group

5814 Reed Road

Fort Wayne, IN 46835

Direct: 260.486.0818

Cell: 260.444.7657





Anthony Juliano

Fri, Jul 31, 12:13 PM



It's one of my favorite topics. Do you have time for a call next week? Just let me know what days and times work best for you. Thanks for thinki...



Courter, Jake

to Jake +

Fri, Jul 31, 12:15 PM



Awesome. I am available: Monday 2:00 - 4:00 · Tuesday 1:00 - 3:30 · Friday fully open Desk: 260.486.0818 - Cell: 260.444.7657 From: Anth...



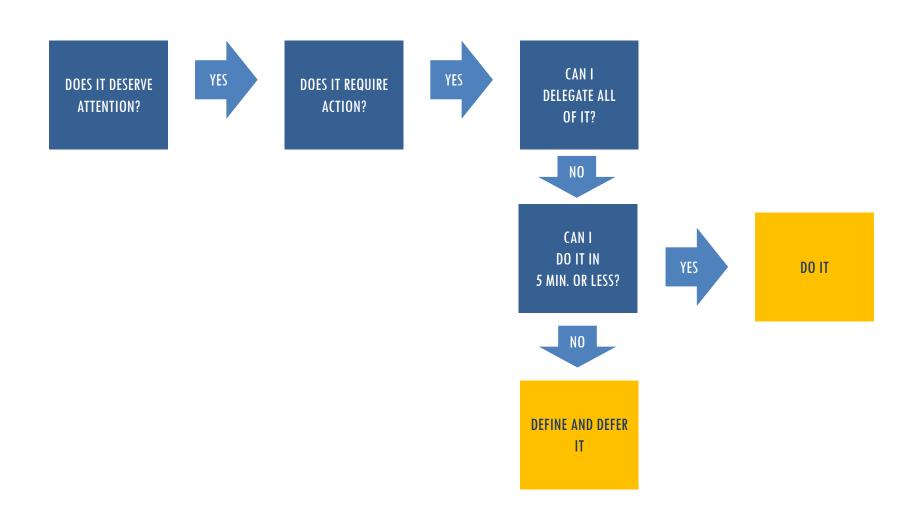
Anthony Juliano <ajjuliano@gmail.com>

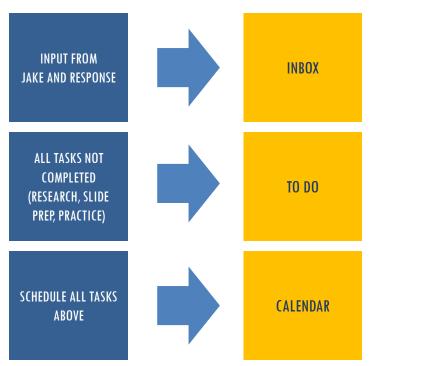
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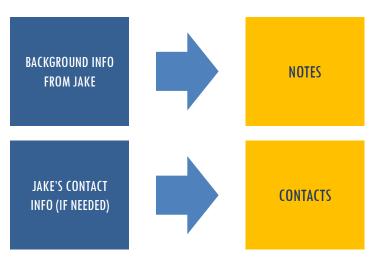




I'll call you Monday at 2:30 at 260.444,7657 unless you prefer otherwise. Have a great weekend!

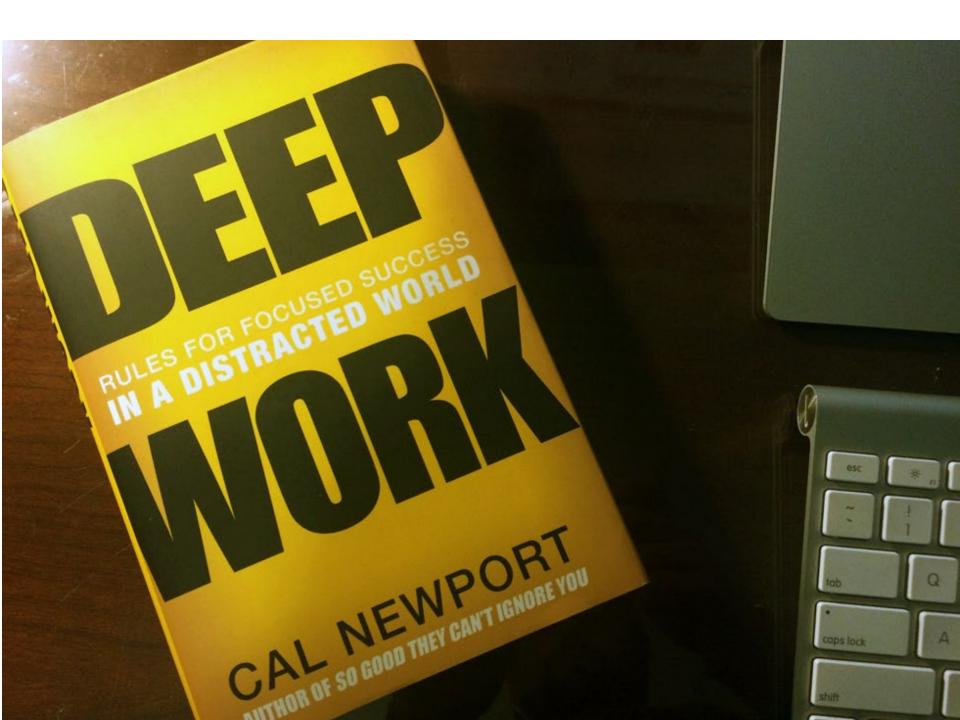






TO MAKE THIS WORK...

YOU NEED TO PLAY DEFENSE





SOMETIMES INEFFICIENCIES ARE CAUSED BY OTHERS...



HOW LONG DOES
IT TAKE TO GET
BACK ON TASK
AFTER AN
INTERRUPTION?

SOURCE: "THE COST OF INTERRUPTED WORK: MORE SPEED AND STRESS"



THE ANTIDOTE...

TEAM **AGREEMENTS**

EXAMPLE AGREEMENTS

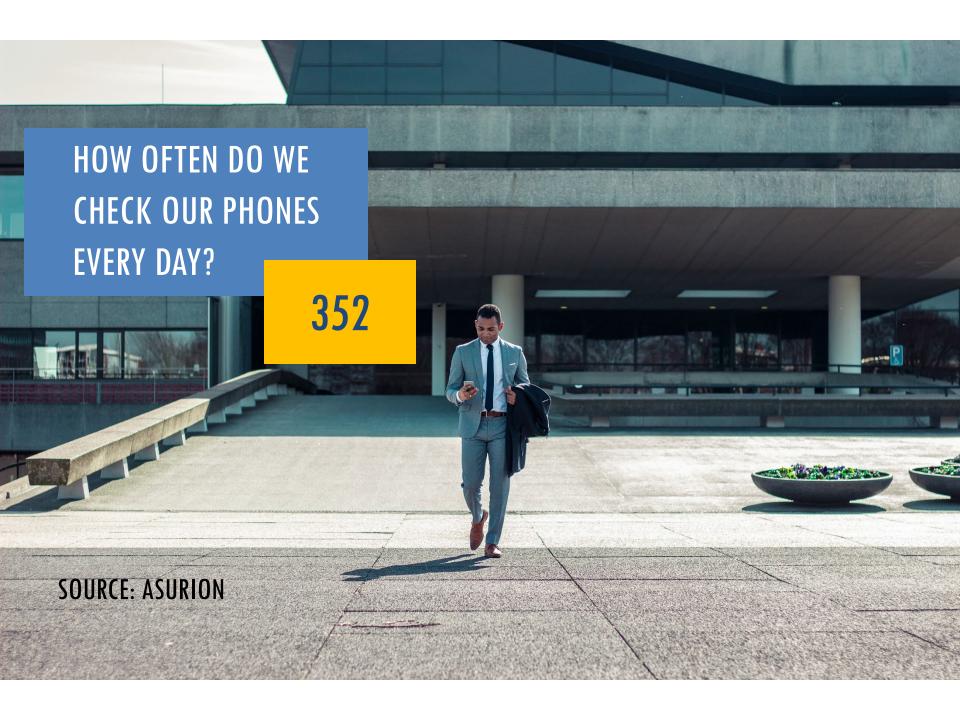
- FOCUSED TIME
- STOCKPILING QUESTIONS
- NO-MEETING DAYS
- HOW DO YOU HANDLE TRUE EMERGENCIES?
- MEETING PROTOCOLS

WHAT DO YOU
GET WHEN YOU
DON'T HAVE
AGREEMENTS?

DISAGREEMENTS

SOMETIMES
INEFFICIENCIES
ARE CAUSED
BY OTHERS...

BUT SOMETIMES,
WE'RE OUR
OWN WORST
ENEMY



HOW LONG DOES
IT TAKE TO GET
BACK ON TASK
AFTER AN
INTERRUPTION?

SOURCE: "THE COST OF INTERRUPTED WORK: MORE SPEED AND STRESS"



WHENEVER POSSIBLE...

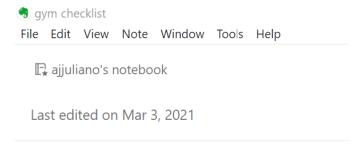
BATCH PROCESS INPUTS



WHENEVER POSSIBLE...

TURN OFF
ALMOST ALL
NOTIFICATIONS





gym checklist

lock
towel
─ belt
arm band
ear buds
pants
shirt
toiletries
shoes
socks
underwear

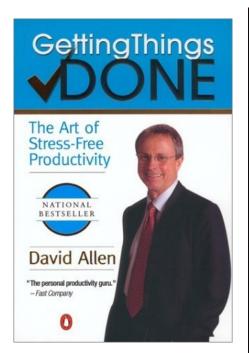
EXAMPLE PROMPTS

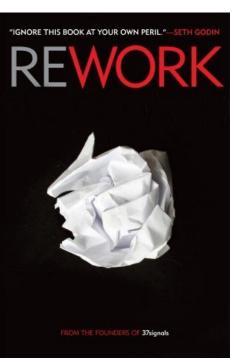
- YOUR CALENDAR AND OTHER TECH PROMPTS
 - "BOOMERANG" EMAILS
 - NOTES TO SELF
 - ALARMS
- LOW-TECH PROMPTS
 - O TRIP OVER YOUR LUNCH, OR
 - O PUT YOUR KEYS IN THE FRIDGE

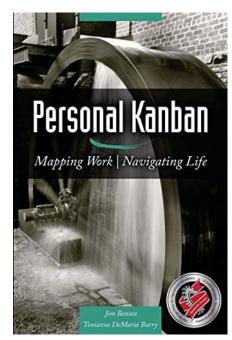
WRAP UP AND Q & A

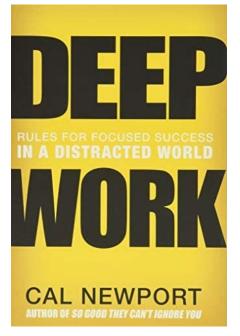
NEXT STEPS

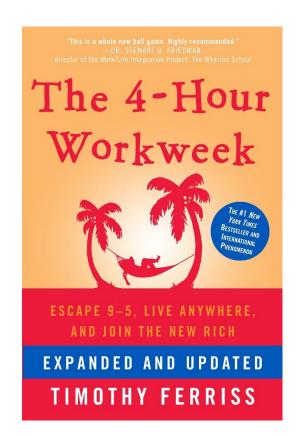
- IDENTIFY WHAT TOOLS YOU NEED
- IDENTIFY YOUR VALUES AND GOALS
- FULL CAPTURE—ALL THE PROJECTS
 AND TASKS YOU'VE COMMITTED TO
- SCHEDULE ON THE CALENDAR—OR
 ADD TO THE TO DO LIST FOR LATER
- PLAN YOUR WEEK—EVERY WEEK
- PLAN YOUR DAY—EVERY DAY
- TALK TO YOUR TEAM
- KEEP LEARNING!

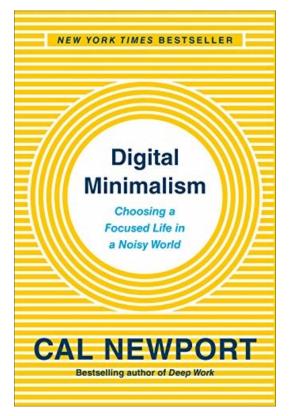












IT'S AN ONGOING PROCESS

IT'S VERY MUCH WORTH THE EFFORT

IDENTIFY 3 THINGS YOU'D LIKE TO IMPROVE...

AND 3
ACTION ITEMS:
REMEMBER
S.M.A.R.T. GOALS

THANK YOU!



ANTHONY JULIANO
ANTHONYJULIANO.COM
AJJULIANO@GMAIL.COM
260-615-3426



ANTHONY JULIANO

ANTHONY IS AN EXPERIENCED TRAINER AND MARKETING AND STRATEGY CONSULTANT. HE HAS PRESENTED AT INTERNATIONAL CONFERENCES AND PROVIDES TRAINING FOR A WIDE VARIETY OF INDIVIDUALS AND BUSINESSES. ANTHONY HOSTS A PODCAST, WRITES A MONTHLY COLUMN FOR A REGIONAL BUSINESS JOURNAL AND CONTRIBUTES TO A VARIETY OF PUBLICATIONS AND BLOGS. ANTHONY APPROACHES HIS WORK WITH ONE SIMPLE GOAL: TO HELP OTHERS UNDERSTAND OUR CHANGING COMMUNICATION ENVIRONMENT AND TELL THEIR STORIES SO THEY CAN REACH THEIR GOALS.

ANTHONYJULIANO.COM | AJJULIANO@GMAIL.COM | 260-615-3426



Today's Lunch Sponsor









What is Strategic Doing?

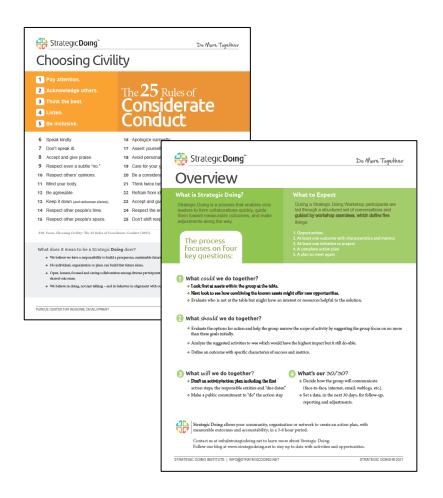
A strategy developed by Purdue University to help a **new group** rapidly build collaborations and leverage them to move forward with measurable outcomes.

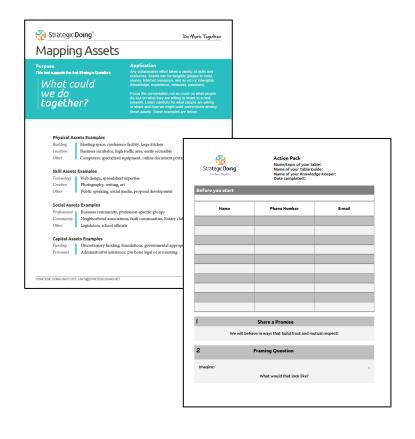
All attendees are expected to come with assets they are will willing to share (physical, skill, social, capital).

Each person will actively participate and self-select action items to do prior to the next meeting.



Strategic Doing // Action Pack Guides & Handouts





Action Pack & Assets - binder tab #4



Assign Group Roles

1. Assign a Table Guide – Recommend "I"

– Nudge, connect, remind, and promote relentlessly to build new habits of collaboration. Ask why or for more information. Ask about hobbies, passions to probe for hidden assets.

2. Assign a Knowledge Keeper

— take notes and upload for the group

RULE 1: Create and maintain a safe space for deep, focused conversation.

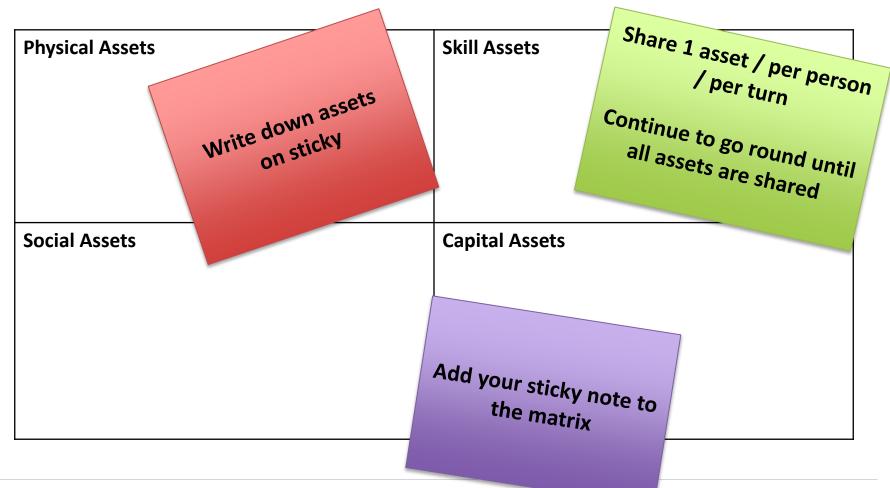
RULE 2: Frame a conversation around a appreciative question.

FRAMING QUESTION

What if a small group of leaders made a positive social impact in Wabash County from an eight-month project, what could that look like?



Asset Matrix



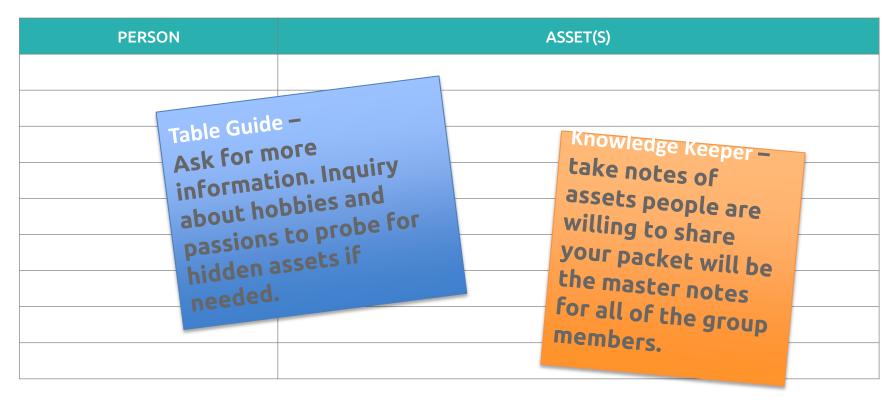


RULE 3: Uncover hidden assets people are willing to share.

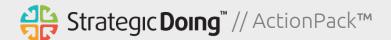




What assets is each person willing to share? Focus your conversation not so much on what you do, but on resources you are willing to share with a new network (e.g., physical assets, skills and knowledge assets, social/network assets, capital assets.)



>> Use the next page to connect these assets to create new opportunities



RULE 4: Link and leverage your assets to identify new strategic opportunities (Part 1).





Quickly jot down connections that spring up from the discussion. Ask questions like "What would that look like?" or "What if we...?"

OPPORTUNITIES		

>> Use the next page to narrow your ideas to three opportunities



RULE 4: Link and leverage your assets to create new strategic opportunities (Part 2).





Narrow your link-and-leverage ideas to your three top choices. How could you describe each opportunity in one or two phrases?

OPPORTUNITY	DESCRIPTION

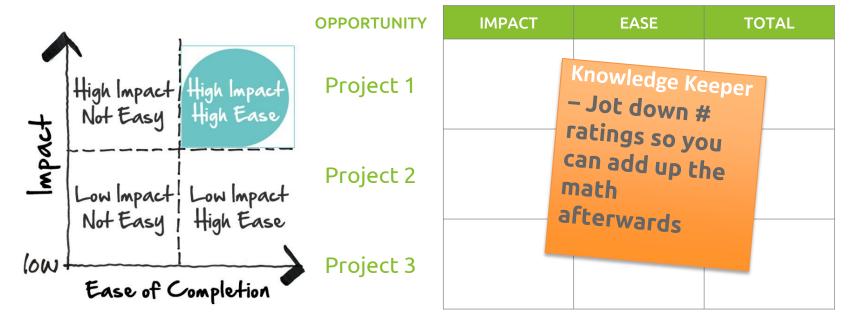
>> Use the next page to find your "Big Easy"

RULE 5: Rate all your strategic opportunities to find your "Big Easy."





Your "Big Easy" is the opportunity that best combines impact with ease. Rank the ease and impact of the three opportunities from the previous page. First, each person evaluates the potential impact of each opportunity if it was completely successful with 5 being high and 1 being low. Add everyone's numbers. Next each person evaluates how easy or difficult each would be fully execute with 5 being easy and 1 being difficult. Add everyone's numbers then total impact and ease scores for each opportunity to find your "Big Easy."



>> Use the next page to add up ratings to find your "Biq Easy"



RULE 6: Convert your "Big Easy" into a strategic outcome with measurable characteristics.

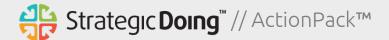




What would people see, how would people feel, how would people's lives be different if we were completely successful?

STRATEGIC OPPORTUNITY	CHARACTERISTIC	SUCCESS METRIC

>> Use the next page to define guideposts and a pathway to reach your outcome



RULE 7: Define a Pathfinder Project with Guideposts.





Your Pathfinder Project moves you toward your outcome. Guideposts are key steps that are critical to your success; defining these will help you stay on your path.

PATHFINDER PROJECT	GUIDEPOSTS	BY WHEN
	1.	
	2.	
	3.	

Checklist for a good Pathfinder Project:

>> Use the next page to develop an Action Plan

\square It will engage all the people a	around	the	table
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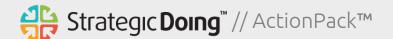
☐ You don't need permission to carry it out

 \square It will be completed within approximately 3 to 6 months (90-180 days)

 \square It will serve as a vehicle to attract others and "create a buzz"

 \square It will help the participants test some key assumptions

☐ It will have a clear endpoint for a "go/no go" decision



RULE 8: Draft a short term Action Plan with everyone taking a small step.





An Action Plan includes what each of you will do in the next 30 days. The more clearly you understand where you want to go, the more clearly you can see your next steps.

WHO	WHAT WILL BE DONE	DELIVERABLE	BY WHEN

>> Use the next page to plan your next meeting



RULE 9: Set a 30/30 meeting to review progress and make adjustments.



Maintaining alignment is a dynamic process requiring continuous, but not constant, attention and communication. What has been done in the last 30 days? What needs to happen in the next 30?

FOLLOW-UP MEETING & COMMUNICATION		
DATE		How we'll share information:
TIME		
PLACE		

RULE 10: Nudge, connect and promote relentlessly to build your new habits of collaboration.

When you meet again for your 30/30 use these questions to guide your conversation.

- 1. What have we each learned (new information, insights, etc.) over the last 30 days while performing our action items?
- 2. Did anything that was to have been done over the last 30 days NOT get done? If not, does it STILL need to be done? If "yes," how will it get done?
- 3. Does our proposed course forward still make sense? Any course corrections need to be made in light of what we've learned over the last 30 days? Do our dates (guideposts, etc.) need adjusting?
- 4. Now...what will each of us do over the NEXT 30 days who will do what, by when, and what is the deliverable?
- 5. When, where, and how will we get together the next time (in about 30 days)?

>> Use the next page to map your Strategic Doing plan

Next Session

Date/Time: Thurs, Dec 21 9am-5 pm

Location: Intertech Products

906 Hanley Rd North Manchester

Agenda Overview

- Icebreaker & Review

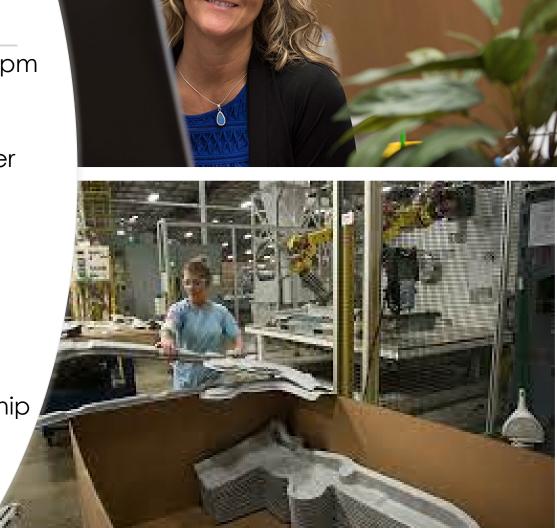
- Panel

StrengthsFinder

- Lunch

From Vision to Action:
 Establishing Your Leadership
 Plan

Host Tour







StrengthsFinder Carrie Gillenwater

Accounting/HR field for over 15 years

Certified coach for 10 years

Currently works at 10X Engineered Materials

Married & have a 9 year old son, Max

Clifton StrengthsFinder

- Web-based talent assessment measuring34 themes of talent from a positivepsychology perspective.
 - Donald Clifton Ph.D., Psychologist & business executive



"What will happen when we think about what is right with people rather than fixating on what is wrong with them?"

StrengthsFinder vs. DiSC

- Rather than measure a person's behavior as DiSC assessments are designed to do, CliftonStrengths gives teams and individuals an opportunity to discover their natural patterns of thinking, feeling and behaving.
- In other words, the DiSC Assessment is a tool used to quickly identify how to communicate with someone, while Strengthsfinder tells you what fires them up to behave in a certain way.



People who focus on their strengths...





are three TIMES as likely to report having an excellent quality of life



are **six TIMES** as likely to be engaged in their jobs

People who work in the strengths zone...



- >> look forward to going to work
- have more positive than negative interactions with coworkers
- **>>**
- treat customers better
- tell their friends they work for a great company
- achieve more on a daily basis

have more positive, creative, and innovative moments

Your Insight Report



- >> Highlight the words and phrases that resonate with you in your Insight Report.
- >> Use these insights about yourself as we explore some of the most common themes in your class.



growwabashcounty.com/ldwcpost survey

